

PSY101: GENERAL PSYCHOLOGY

Course Overview: This is an introductory survey course acquainting the student with the procedures, principles, theories and vocabulary of psychology as a science. | 3 credits

Topics are examined from a variety of perspectives: psychodynamic, biological, cognitive, behavioral, social-cultural and Christian. Students will develop critical and insightful thinking skills through reading, writing and discussions.

Grading:

Discussions & Journals	25%
Quizzes & learning inventories	25%
Written assignments	25%
Project	25%

Attendance:

Attendance is recorded for each discussion or assignment that is submitted. Students are encouraged to log on about 4 times per week and dedicate about 6 hours each week to their coursework.

Is this a Christian Psychology course? We encourage the student to think and respond from a biblical worldview perspective regarding the Psychology of mind, body, and spirit. Students will be exposed to secular and biblical perspectives and asked to respond and reflect on the differences.

Assignments:

Discussions: Students respond to a question and respond to others.

Journals: 1-4 paragraph responses which are only viewed by the instructor.

Quizzes and learning inventories: Verify the student has an understanding of readings and concepts. Learning inventories have students reflect on their knowledge of the course.

Written assignments: 1-2 page written responses or article reviews.

Project: This allows students to explore a topic of interest related to Psychology. It requires academic research, a written college formatted paper, and a media presentation shared online with the class. Students are evaluated based on content and creativity.



15 week course
Not self-paced;
assignments
Have weekly
deadlines.



Students can access
their course any time,
from any location.
A laptop or desktop is
recommended.



Students will set up
a university email &
use this while in the
course.

Orientation will be
required prior to
the start of the
course.

COURSE SCHEDULE

Week	Course readings and videos	Assignments
Week 1: Introduction to Psychology	<ul style="list-style-type: none"> ▪ What is Psychology? ▪ History of Psychology ▪ Careers in Psychology 	<ul style="list-style-type: none"> ▪ Background knowledge probe ▪ Discussion – pray & chat intros ▪ Learning inventory
Week 2: Psychological research	<ul style="list-style-type: none"> ▪ Why is research important? ▪ Analyzing research 	<ul style="list-style-type: none"> ▪ Journal post ▪ Learning inventory/quiz
Week 3: Biopsychology	<ul style="list-style-type: none"> ▪ Human genetics ▪ Parts of the nervous system ▪ The endocrine system 	<ul style="list-style-type: none"> ▪ Discussion post & replies ▪ Written assignment ▪ Learning inventory/quiz
Week 4: States of Consciousness	<ul style="list-style-type: none"> ▪ What is consciousness? ▪ Sleep problems & disorders ▪ Substance use & abuse 	<ul style="list-style-type: none"> ▪ Journal post ▪ Learning inventory/quiz ▪ Written assignment #1
Week 5: Sensation & perception	<ul style="list-style-type: none"> ▪ Sensation versus perception ▪ Vision & hearing ▪ Gestalt principles of perception 	<ul style="list-style-type: none"> ▪ Discussion post and replies ▪ Learning inventory/quiz ▪ Project topic due
Week 6: Learning	<ul style="list-style-type: none"> ▪ Classical conditioning ▪ Operant conditioning ▪ Observational Learning 	<ul style="list-style-type: none"> ▪ Learning inventory/quiz ▪ Written assignment #2
Week 7: Thinking & Intelligence	<ul style="list-style-type: none"> ▪ What is cognition? ▪ Intelligence & creativity ▪ Measures of intelligence 	<ul style="list-style-type: none"> ▪ Discussion post & replies ▪ Learning inventory/quiz
Week 8: Memory	<ul style="list-style-type: none"> ▪ How memory functions ▪ Problems with memory ▪ Ways to enhance memory 	<ul style="list-style-type: none"> ▪ Journal post ▪ Learning inventory/quiz ▪ Written assignment #3
Week 9: Lifespan Development	<ul style="list-style-type: none"> ▪ Lifespan theories ▪ Stages of Development ▪ Death & Dying 	<ul style="list-style-type: none"> ▪ Discussion post & replies ▪ Learning inventory/quiz
Week 10: Emotion & Motivation	<ul style="list-style-type: none"> ▪ Motivation & emotion ▪ Hunger and eating ▪ Sexual behavior 	<ul style="list-style-type: none"> ▪ Learning inventory/quiz ▪ Written assignment #4
Week 11: Personality	<ul style="list-style-type: none"> ▪ Freud and Psychodynamics ▪ Adler, Erikson, Jung & Horney 	<ul style="list-style-type: none"> ▪ Journal post ▪ Learning inventory/quiz
Week 12: Social psychology	<ul style="list-style-type: none"> ▪ Attitudes and persuasion ▪ Conformity, compliance & obedience ▪ Prejudice & discrimination 	<ul style="list-style-type: none"> ▪ Learning inventory/quiz ▪ Journal post
Week 13: Stress, lifestyle, & health	<ul style="list-style-type: none"> ▪ Stress & illness ▪ Regulation of stress ▪ The pursuit of happiness 	<ul style="list-style-type: none"> ▪ Learning inventory/quiz ▪ Project media presentation due
Week 14: Psychological disorders	<ul style="list-style-type: none"> ▪ Diagnosing psychological disorders ▪ Obsessive-compulsive ▪ Schizophrenia 	<ul style="list-style-type: none"> ▪ Journal post ▪ Learning inventory/quiz ▪ Project reflection & bibliography
Week 15: Therapy & Treatment	<ul style="list-style-type: none"> ▪ Types of treatment ▪ Addictive disorders 	<ul style="list-style-type: none"> ▪ Journal Post ▪ Quiz ▪ Course reflection

This is a sample course schedule and the actual course layout could change each term.